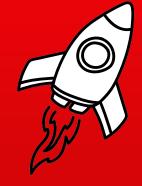
Register today!







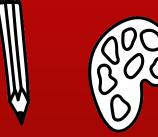






YMCA SUMMER DAY

2024









Brockville, Kemptville, & Kingston







# Create lifetime memories & enhance self confidence.



We start the day off with fun and active group activities to get all of our campers excited and ready for the day.



Campers participate in a range of activities that include cooperative games, arts and crafts, environment-based programs, and recreational activities and sports.



Before we finish off the day, we spend time to reflect on our campers achievements and highlights followed by the bead ceremony to wrap up the camp day.

# **Day Camps Information**



YMCA camp activities are inclusive, ensuring that all kids participate and have fun. Your child will have new experiences that promote physical literacy and lifelong skills. Throughout the summer, children will have their pick of arts and crafts, sports, and cooperative games that enhance social and leadership skills.

#### Don't forget to pack

- Reusable water bottle
- A hat, sunscreen, change of clothes and running shoes
- Weather-appropriate clothing
- Nutritious peanut/nut free lunch

#### Questions about camp?

Contact us by email: <a href="mailto:daycamps@eo.ymca.ca">daycamps@eo.ymca.ca</a>

Or by phone:

Brockville/Kemptville, 613-342-7961 ext 0 Kingston, 613-546-2647 ext 0

#### **Camp hours**

Monday to Friday from 9 am - 4 pm Extended care (no additional cost) is available from 7:30 - 9am and 4 - 5:30pm

Additional costs apply after 5:30pm and we request parents/guardians contact the YMCA if they expect to be late.

Camp does not run on stat holidays (July 1 & August 5 stat holidays)

#### Sunscreen policy

Please note that sunscreen is not supplied to campers by the YMCA.

It is the responsibility of the parent to ensure that campers bring their own sunscreen to camp and that the parent/child apply it once before coming to camp in the morning. Staff will assist campers in re-applying as needed throughout the day.

### Camper behaviour

The rules and expectations of the camp will be introduced on the first day and reviewed each day as part of the morning routine. Camp staff will communicate any concerns to parents so that we can work together to solve problems before they escalate. If the camp supervisor has found that the camper does not adhere to the safety guidelines or rules of the camp and/or is a risk to themselves or others, the camp supervisor reserves the right to ask that camper to be removed from camp.

# Day Camps Information

#### Registration

- Available online at <u>yeo.force.com</u>
- Instructions are available at eo.ymca.ca/onlineregistration
- Will close at 12pm the Friday before the first day of camp.
- Not accepted by email or fax.
- Purchase by credit card.
   If you need to arrange an alternative method of payment please contact the Day Camp registrar at <a href="mailto:daycamps@eo.ymca.ca">daycamps@eo.ymca.ca</a>
- Campers must fall within the age range or be entering the age range by by December 31, 2024

#### **Cancellation and Refund Policy**

A cancellation request must be completed and received no later than 5 business days in advance of the camp start date to be eligible for a refund of the remaining fees after the cancellation fee is assessed.

There is a \$20 cancellation fee per camp, per child (non-refundable deposit).

Refunds will not be provided for a request received less than 5 business days in advance OR once the camp has commenced.

Payment Day	Camp Week
June 15	July 2 - 5
June 15	July 8 - 12
July 1	July 15 - 19
July 1	July 22 - 26
July 15	July 29 - August 2
July 15	August 6 - 9
August 1	August 12 - 16
August 1	August 19 - 23



We know that budgeting for your child's camp can sometimes be a challenge. That's why at the YMCA of Eastern Ontario we offer financial assistance to families who are unable to pay the full fee.

With the assistance of our Strong Kids Campaign, the YMCA fulfills its mission by striving to ensure that children, regardless of their financial circumstances, can enjoy a positive summer day camp experience.

Please email <u>daycamps@eo.ymca.ca</u> and we would be happy to assist anyone limited by their financial situation. Financial assistance provided by the YMCA is limited to two weeks per camper.

**Please note:** Any applicant seeking financial assistance should first apply to your local municipality.

#### Locations

**Brockville YMCA:** 345 Park St. **Kingston YMCA:** 100 Wright Cres.

**Kingston East** 

Community Centre: 779 Highway 15 Kemptville: 200 Reuben Cres. (Curling Club)



# Day Camps Offerings

# Gear Up Bicycle Camp



Feel the Kingston breeze with this fun outdoor bike camp! Not only do you get to experience the scenic views of Kingston but also develop confidence, independence, and the right rules of the road through a fun and engaging experience. Learn how to make minor repairs to your bike and discover Kingston in a brand new way. Functioning bike, helmet, and lock are required. To ensure safety and enjoyment of the camp, campers must enter the camp with the fundamental skills to start, stop, and steer independently.

### Y-Athlete Sports Camp



Whether you are a seasoned athlete or a beginner player, if you love sports this camp is for you! Learn a variety of sports like basketball, badminton, volleyball and even pickleball. Up your game and showcase your skills.

# Fitness Fanatics Fitness Camp



Build your strength and develop motor skills through mobility, balance, power, strength and endurance through training camp. Ground yourself and explore the benefits of functional movement training; learn to move like a ninja and balance like a crane.

# The Artisan Club Crafty Camp



Do you like to get messy and create a work of art? This camp is just for you! Let your creative mind flow and make something interesting in this fun and creative camp. Explore a buffet of art & craft media and imagine what you can create with your own two hands.

# **Bring the Beat**Dance Camp



Want to learn the latest dance trends? Look no further! Learn the basic movements of hip-hop or breakdance or let your creativity flow with freestyling in a fun and heart-pumping dance camp. Work with your group to choreograph your own dance before performing at the end of the week.

# **Up and Atom**Science Camp



Join us for this experiential camp that promotes curiosity and discovery. Campers will develop an understanding and appreciation of science through hands on experiments related to construction and chemical reactions. Participants will enjoy a well rounded program that includes traditional camp activities.

# Brockville & Area When, Where & How Much?



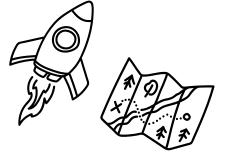
### **Brockville YMCA**

345 Park St.	Age	Week 1* July 2 - 5	Week 2 July 8 - 12	Week 3 July 15 - 19	Week 4 July 22 - 26	Week 5 July 29 - Aug 2	Week 6* Aug 6 - 9	Week 7 Aug 12- 16	<b>Week 8</b> Aug 19 - 23
The ARTisan Club - Craft Camp	6-9	\$188			\$235				\$235
The ARTisan Club - Craft Camp	10 - 13							\$235	
Y-Athlete - Sports Camp	6-9			\$235			\$188	\$235	
Y-Athlete - Sports Camp	10 - 13	\$188			\$235				\$235
Fitness Fanatics - Fitness Camp	10 - 13		\$235			\$235			
Up and Atom - Science Camp	6-9		\$235			\$235			
Up and Atom - Science Camp	10 - 13			\$235			\$188		

### Kemptville

200 Reuben Cres. (Curling Club	) Age	Week 1* July 2 - 5	Week 2 July 8 - 12	Week 3 July 15 - 19	Week 4 July 22 - 26	Week 5 July 29 - Aug 2	Week 6* Aug 6 - 9	Week 7 Aug 12-16	Week 8 Aug 19 - 23
The ARTisan Club - Craft Camp	6-9	\$188	\$235		\$235	\$235		\$235	\$235
The ARTisan Club - Craft Camp	10 - 13			\$235			\$188		
Y-Athlete - Sports Camp	6-9	\$188		\$235	\$235		\$188	\$235	
Y-Athlete - Sports Camp	10 - 13	\$188				\$235			\$235
Fitness Fanatics - Fitness Camp	10 - 13		\$235						
Up and Atom - Science Camp	6-9		\$235	\$235		\$235	\$188		\$235
Up and Atom - Science Camp	10 - 13				\$235			\$235	

# Kingston When, Where & How Much?



### **Kingston YMCA**

100 Wright Cres.	Age	Week 1* July 2 - 5	Week 2 July 8 - 12	Week 3 July 15 - 19	Week 4 July 22 - 26	Week 5 July 29 - Aug 2	Week 6* Aug 6 - 9	Week 7 Aug 12-16	Week 8 Aug 19 - 23
Gear Up - Bicycle Camp	10 - 13	\$228		\$285				\$285	
The ARTisan Club - Craft Camp	6-9	\$188		\$235		\$235	\$188		
Y-Athlete - Sports Camp	6-9	\$188		\$235	\$235		\$188	\$235	
Y-Athlete - Sports Camp	10 - 13		\$235			\$235			\$235
Fitness Fanatics - Fitness Camp	10 - 13				\$235		\$188		
Bring The Beat - Dance Camp	6-9		\$235		\$235			\$235	\$235
Up and Atom - Science Camp	6-9		\$235			\$235			\$235

### **Kingston East Community Centre**

779 Highway 15	Age	Week 1* July 2 - 5	Week 2 July 8 - 12	Week 3 July 15 - 19	Week 4 July 22 - 26	Week 5 July 29 - Aug 2	Week 6* Aug 6 - 9	Week 7 Aug 12- 16	Week 8 Aug 19 - 23
The ARTisan Club - Craft Camp	6-9	\$188			\$235				\$235
The ARTisan Club - Craft Camp	10 - 13		\$235					\$235	
Y-Athlete - Sports Camp	6-9			\$235			\$188	\$235	
Y-Athlete - Sports Camp	10 - 13	\$188			\$235	\$235			\$235
Up and Atom - Science Camp	6-9		\$235			\$235			
Up and Atom - Science Camp	10 - 13			\$235			\$188		

### Day Camps Core Value Beads

At Y Day Camps, we are proud of our unique Y Values Bead program where we encourage campers to demonstrate Y core values and in turn they can earn beads! Each of our Y core values are associated with a colour bead. Throughout the week, beads are awarded to campers demonstrating our core values and are worn as a constant reminder of what we value as a camp community.

- Red Caring Bead

  Acceptance, compassion, generosity, sensitivity, and thoughtfulness.
- Blue Honesty Bead
  Integrity, fairness, and sincerity, Being trustworthy and trustful.
- Yellow Respect Bead

  Acknowledging the worth of yourself and others. Treating others justly.
- Green Responsibility Bead
  Accountability for your actions, words, and obligations. The duty to do what's right.
- Orange Inclusiveness Bead
  Being welcoming. Fostering a sense of belonging for all.

#### ADDITIONAL YMCA CAMPER BEADS

- White YMCA Camper Bead
  The first bead a camper gets at camp. Welcomes them to the YMCA and to Summer Day Camps.
- Glow in the Dark Sun Safety Bead

  Demonstrating outstanding sun safe habits like wearing a hat, drinking water, and wearing sunscreen.
- Sparkly Friendship Bead
  Campers give these beads to each other when they make a new friend at camp.